

2026 dental wellness calendar

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January

- Glaucoma Awareness Month
- New Year, New You

July

- Healthy Vision Month

February

- American Heart Month
- Children's Dental Health Month
- Gum Disease Awareness Month
- Valentine's Day (2/14)

August

- National Fresh Breath Day (8/6)
- Children's Eye Health and Safety Month

March

- Autoimmune Disease Awareness Month
- National Nutrition Month
- World Oral Health Day (3/20)

September

- Dental Infection Control Awareness Month
- Healthy Aging Month

April

- National Stress Awareness Month
- Oral, Head & Neck Cancer Awareness Month
- National Prosthodontics Awareness Week (4/12-4/18)

October

- Menopause Awareness Month
- National Dental Hygiene Month
- National Orthodontic Health Month
- Halloween (10/31)

May

- Mental Health Awareness Month
- Save Your Tooth Month
- Women's Health Month

November

- American Diabetes Month
- TMJ Awareness Month
- Thanksgiving (11/26)
- National Flossing Day (11/27)

June

- Men's Health Month
- National Migraine and Headache Awareness Month

December

- Healthy Holidays