

2025 dental wellness calendar

Delta Dental's [wellness resources](#) let you offer relevant content all year round.



January

- Glaucoma Awareness Month
- New Year, New You

February

- American Heart Month
- Children's Dental Health Month
- Gum Disease Awareness Month
- Valentine's Day **(2/14)**

March

- Autoimmune Disease Awareness Month
- National Nutrition Month
- World Oral Health Day **(3/20)**
- National Drug & Alcohol Facts Week **(3/17-3/23)**

April

- National Stress Awareness Month
- National Facial Protection Month
- Oral, Head & Neck Cancer Awareness Month
- National Prosthodontics Awareness Week **(4/20-4/26)**

May

- Mental Health Awareness Month
- National Physical Fitness & Sports Month
- Save Your Tooth Month
- Women's Health Month
- National Smile Month **(5/12-6/12)**

June

- Alzheimer's & Brain Awareness Month
- Employee Wellness Month
- Men's Health Month
- National Migraine and Headache Awareness Month

July

- National Cleft & Craniofacial Awareness & Prevention Month
- Independence Day **(7/4)**

August

- Back to School
- Dental Implant Month
- National Fresh Breath Day **(8/6)**
- Tooth Fairy Day **(8/22)**

September

- Dental Infection Control Awareness Month
- Healthy Aging Month
- Family Health and Fitness Day **(9/27)**

October

- Breast Cancer Awareness Month
- Cold & Flu Awareness Month
- National Dental Hygiene Month
- National Orthodontic Health Month
- Halloween **(10/31)**

November

- American Diabetes Month
- National Brush Day **(11/1)**
- Thanksgiving **(11/27)**
- National Flossing Day **(11/29)**

December

- Healthy Holidays