

2022 Dental Wellness Calendar

Delta Dental's wellness resources let you offer relevant content all year round.

January

- Glaucoma Awareness Month

February

- Children's Dental Health Month
- Gum Disease Awareness Month
- American Heart Month
- Valentine's Day (2/14)
- National Eating Disorders Week (2/21-2/27)
- Tooth Fairy Day (2/28)

March

- National Nutrition Month
- Autoimmune Disease Awareness Month **New!**
- First Day of Spring (3/20)
- World Oral Health Day (3/20) **New!**
- National Drug & Alcohol Facts Week (3/21-3/27)

April

- National Anxiety Month/Stress Awareness Month
- National Facial Protection Month **New!**
- Oral, Head & Neck Cancer Awareness Month
- National Dental Hygienists Week (4/4-4/10)
- National Prosthodontics Awareness Week (4/24-4/30)
- Earth Day (4/22)

May

- National Physical Fitness & Sports Month
- Mental Health Awareness Month **New!**
- National Asthma & Allergy Awareness Month
- National Osteoporosis Awareness & Prevention Month
- Save Your Tooth Month (formerly Root Canal Awareness Week)
- Drinking Water Week (5/1-5/7)
- North American Occupational Safety & Health Week (5/1-5/7)
- National Piercing Day (5/16)

June

- Alzheimer's & Brain Awareness Month
- Employee Wellness Month
- National Migraine and Headache Awareness Month

July

- National Cleft & Craniofacial Awareness & Prevention Month
- UV Safety Awareness Month

August

- Back to School
- Dental Implant Month
- National Fresh Breath Day (8/6)

September

- Dental Infection Control Awareness Month
- Healthy Aging Month
- National Recovery Month

October

- Breast Cancer Awareness Month **New!**
- Cold & Flu Awareness Month
- National Dental Hygiene Month
- National Orthodontic Health Month
- Halloween (10/31)

November

- American Diabetes Month
- National COPD Awareness Month
- National Brush Day (11/1) **New!**
- Great American Smokeout (11/17)
- Thanksgiving (11/24)
- National Flossing Day (11/25)

December

- Holiday Health Campaign
- World AIDS Day (12/1)
- New Year's Eve (12/31)