

# 2021 Dental Wellness Calendar

Delta Dental's wellness resources let you offer relevant content all year round.

## January

- Glaucoma Awareness Month

## February

- Children's Dental Health Month
- Gum Disease Awareness Month
- American Heart Month
- Valentine's Day **(2/14)**
- Tooth Fairy Day **(2/28)**

## March

- National Nutrition Month
- National Eating Disorders Awareness Week **(3/2-3/8)**
- First Day of Spring **(3/20)**
- National Drug & Alcohol Facts Week **(3/22-3/28)**

## April

- National Anxiety Month/Stress Awareness Month
- Oral, Head & Neck Cancer Awareness Month
- National Dental Hygienists Week **(4/3-4/9)**
- National Prosthodontics Awareness Week **(4/18-4/24)**
- Earth Day **(4/22)**

## May

- National Physical Fitness & Sports Month
- National Asthma & Allergy Awareness Month
- National Osteoporosis Awareness & Prevention Month
- Drinking Water Week **(5/2-5/8)**
- North American Occupational Safety & Health Week **(5/2-5/8)**
- Root Canal Awareness Week **(5/2-5/8)**
- National Piercing Day **(5/16)**

## June

- Alzheimer's & Brain Awareness Month
- Employee Wellness Month
- National Migraine and Headache Awareness Month

## July

- National Cleft & Craniofacial Awareness & Prevention Month
- UV Safety Awareness Month

## August

- Back to School
- Dental Implant Month
- National Fresh Breath Day **(8/6)**

## September

- Dental Infection Control Awareness Month
- Healthy Aging Month
- National Recovery Month

## October

- Cold & Flu Awareness Month
- National Dental Hygiene Month
- National Orthodontic Health Month
- Halloween **(10/31)**

## November

- American Diabetes Month
- National COPD Awareness Month
- Great American Smokeout **(11/19)**
- Thanksgiving **(11/25)**
- National Flossing Day **(11/26)**

## December

- Holiday Health Campaign
- World AIDS Day **(12/1)**
- New Year's Eve **(12/31)**