

Steer Clear of Dental Hazards

Avoid oral health risks as you age

Stay on top of your dental health with proper hygiene and regular visits to the dentist.



Gum Disease

Likelihood increases after age 30

- Infection of the gum tissue
- Can lead to tooth loss



Oral Cancer

Likelihood increases after age 40.

- Linked to tobacco use
- Can be fatal if not caught in time



Dry Mouth

Likelihood increases dramatically by age 50

- Increases risk of cavities and bad breath
- Caused by many medications



Limited Dentist Access

Frequency of dental visits drops after age 64

- Regular cleanings and exams can help catch problems before they get worse



Poor Oral Hygiene

Difficulty brushing and flossing is linked to arthritis, which affects half of all Americans by age 65.

- Consider toothbrushes with modified handles and easy-to-use floss holders

